

TRAINING PROGRAM

3 locations around the world:
ISRAEL - NYC - GERMANY

2 JANUARY - 31 MARCH 2020
MONDAY, TUESDAY AND THURSDAY,
9AM-12AM

For intermediate and advanced dancers, 18+



ABOUT THE METHOD – ANIMATO DANCE ART

The Animato Dance Art was developed by the Israeli artist Nadine Bommer - Director and Choreographer of the NADINE Bommer Dance Company.

Animato Dance Art uses an improvisational kinetic movement language inspired by the combination of the sea's endless motion and the surrounding energy. It invites the dancers to see life from a different perspective by connecting with oneself through movement. Bommer created and developed her method to support the enrichment of her creative work; seeking to empower the experience of movement within the creative process. Bommer creates diverse figures and situations which encourage the dancer to find expressive artistic freedom. The creative stage of dance development relies on the totality of kinetic movement with animato characters producing the stunning onstage energy that has become the hallmark of the Nadine Dance Company.

ABOUT THE PROGRAM

- In full association with the NADINE Bommer Dance Company
- Intensive Certificate Training Program with over 100hrs of systematic improvisational training, discussion, and personalized feedback
- Classes with students from all different backgrounds of dance - focused on expanding their approach to movement
- A step by step guide that leads to endless improvisational movement through the Animato Dance Art
- Program instructors are Senior Animato Dance Art teachers and Principal Dancers with the NBDC
- 3 months - 3 times a week - 3 hour sessions

PROGRAM OVERVIEW

- **Open Enrollment: Intermediate - Advanced dancers**
- **Age Requirement: 18+**
- **Training Program Locations to choose from:**
 - > United States: West 83rd Street, Manhattan, NYC
 - > Germany: Holzbauerstraße 8, 68167 Mannheim
 - > Israel: Herzl Street 85, Rishon LeTsiyon
- **Program Contents:**
 - > Method Philosophy - Animato Dance Art
 - > 5 Elements - Connection to nature physically
 - > Panue - Mind body availability
 - > Kinetic - Touching and understanding energy personally, with others, and in space
 - > 3 Corners - How to follow
 - > Macam - Deepest connection of mind and body through movement and imagination
 - > Certificate Ceremony

WHAT YOU GAIN

- Exploration of a unique dance language that will change how you approach movement and challenge your limits
- Develops a control of your individual movement with a deeper connection of mind and body
- Future opportunities with the NBDC establishment:
 - > Invitation to audition for the Nadine Bommer Dance Company
 - > Continuing Animato Art Education Scholarships
- Completion of training leads to a NADINE Bommer Animato Dance Art Training Certificate Level One- Additional training opportunities include:
 - > Animato Dance Art Level Two
 - > Animato Dance Art Teacher Training Level Three

PRICE

\$1,350 USD - All Payments must be complete by December 15, 2019
Early Bird Pricing and payment plans are available

To learn more about the NBDC community Visit: www.nadinebommer.com

[Click here to Register >](#)

NADINE **30** Years

DANCE
ART
ANIMATO
by Nadine Bommer